

Best Practices Sharing

Name Maria Nicolaidis

School OUHS - Huntington Beach

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Class Used In Foods 1

Please take a few minutes to write about a "Best Practice" that you use in your classroom. This can be a mini-lesson used to do Team Building, an introduction to a unit that grabs their attention, an anecdote that clarifies a concept etc. No need to make photo-copies or to bring extra handouts—unless you really want to. Just write below.

Vitamin A - Beta Carotene

When my daughter was a baby she didn't like food - except things orange in color - squash, sweet potatoes, carrots, apricots, peaches. I gave her so much she turned orange! The doctor said if I stopped giving her those foods for about 5-7 weeks she would turn back into her normal pink & white self.